

Fibroscan Prep Instructions

Location: **Wantagh Office**
2155 Wantagh Avenue
Wantagh, NY 11793

Procedure Date: _____ Time: _____

Follow-Up Appointment Date: _____ Time: _____ Virtual or 2155

What is a FibroScan?

A FibroScan is a non-invasive ultrasound-based test used to determine liver health by measuring its fat content and stiffness. The test helps your physician determine various liver conditions, including liver fibrosis (scarring) and steatosis (fatty liver).

What can I expect the day of the test?

1. Do not eat or drink anything **3 hours before your test.**
2. Bring a photo ID and current insurance card with you to your appointment

During the FibroScan, you will be lying down with your right arm behind your head. You may want to wear a looser fitting shirt as the tech will need to access your skin by your right ribcage. The tech will place an ultrasound probe on the right side of your ribcage, where your liver is located. That probe sends a painless vibration into your body and measures how long it takes that vibration to travel to your liver. The faster the travel, the stiffer the liver.

The test takes only **10-15 minutes.**

What can I expect after the test?

A report from the test will be produced, offering your physician meaningful results for managing your liver health. These results will be discussed with you at your follow-up appointment with your physician.