

Capsule Endoscopy Prep Instructions

Location:	Morning appointment	3:30pm appointment
	1488 Wantagh Avenue (house)	2155 Wantagh Avenue (south of Sunrise)
	Wantagh, NY 11793	Wantagh, NY 11793

Test Date: _____ Time: _____

Follow-Up Appointment Date: _____ Time: _____ Virtual or 2155

1. 7 days before test

- Discontinue Trulicity, Wegovy, Ozempic, Zepbound, Semaglutide, Saxenda, Tirzepatide and Rybelsus at least **7-8 days** before the procedure

2. 3 days before test

- Discontinue the use of iron supplements.

3. 1 day before test

- You may have a normal breakfast and lunch.
- After a **1pm** lunch, begin a **clear liquid** diet. Do not consume red or purple food/beverages.
- **Do not have anything to eat or drink after midnight.**

4. Morning of test

- **Take Reglan® pill 1 hour prior** to your appointment time. Your prescription will be sent to your pharmacy by your physician in advance of the appointment.
- Do not take any medications the morning of the test, unless otherwise instructed by the physician.
- **Do not** use lotions or creams on your abdomen or lower chest.
- Please arrive dressed in loose-fitting, two-piece clothing; if possible, wear a top with buttons that open in the front.
- Bring your insurance card and license with you to your appointment.

5. After test

- Plan to return to our **2155 Wantagh Avenue** office (south of Sunrise Highway) location **8 hours** after you swallow the capsule. Further instructions will be explained on the day of your test.