

H. Pylori Breath Test Preparation Instructions

10 DAYS BEFORE YOUR H. PYLORI BREATH TEST:

- There is no special diet.
- Do not take proton pump inhibitors for 10 days prior to the test.

Examples of Proton Pump Inhibitors:

- Prilosec, Zegrid
- Prevacid
- Dexilant
- Nexium
- Protonix
- AcipHex

THE DAY OF YOUR H. PYLORI BREATH TEST:

- There is no special diet.
- Bring your insurance card, license and co-pay.
- The test takes approximately 15 minutes.